

Welcome to the 16th Annual Making Strides Against Breast Cancer Walk

Memorial Field Concord, New Hampshire Sunday, October 19, 2008 1:00 PM

Joining together to raise funds and awareness in the fight against breast cancer

Today's Program



11:00 AM – 12:30 PM Registration and Team Photos

12:30-12:45 PM Survivor Photo

12:45 PMConcord High School Chamber Singers sing "The National Anthem", and American Flag

Presentation by the NH National Guard

Opening Remarks

Walk Begins

The walk is a five mile walk starting and ending

at Memorial Field

Langley Parkway open as The Survivor Way

for Survivors and their families only

• Water Stations are located along the route

• Port-a-potties are at the 1/2 way point

· Recycling bins will be available along the route and at the field

 Courtesy Buses will be traveling the route for those who may need a ride back to the field

Registration – Under the large tent

1:00 PM

Teams – For Team Captains only to turn in additional donations. Team members should meet their team captain at their team sign to give them any additional donations.

Individuals – To turn in registration form and donations.

The Garden of Hope – This beautiful garden is dedicated to all those lives that have been effected by breast cancer. Please follow the signs and visit our beautiful, permanent garden and tie a pink ribbon in the *Garden of Hope*, to honor the special people that inspire us to be involved.

Strides Store – Various Making Strides merchandise will be available for purchase. Proceeds go the Making Strides Against Breast Cancer.

Kids Spot of Hope – Please accompany your children to make a drawing or card for a survivor or a friend.

Stitches of Comfort for Hope – The quilted backdrop for the stage is made up of 3' x 3' individual handmade quilt squares each having its own story. The Stitches of Comfort for Hope will be displayed for all to feel the comfort and support of the quilt.

Need Lunch? – Pizza and soda will be sold before the walk. All profits go to *Making Strides Against Breast Cancer*.

CELEBRATION AFTER THE WALK

Please join us for donated refreshments and share in the spirit of community and hope for the future.

Survivor Outreach

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The Making Strides committee and the American Cancer Society welcome all those who have been touched by breast cancer. We invite Breast Cancer Survivors and their families to join the Survivorship community by stopping by the Survivor & Family Tent.

The Survivor & Family Tent is a place to honor and support each other. Wherever you may be on your cancer journey, you are invited to participate. The tent offers a quiet place to reflect on your own journey or to share your journey with others. Together with other survivors and their families you will realize you are not alone.

The American Cancer Society volunteers will be there to offer assistance to you and your family and provide information on programs and patient services offered by the American Cancer Society.

Together we can

Offer Hope

Make a Difference

Provide Strength Together

Together we can make a difference. Make an Angel of Hope, Angel of Honor or an Angel of Courage for a newly diagnosed breast cancer patient to be given out by The Breast Care Center at Concord Hospital. Each angel will be accompanied by a personal note of compassion, hope and encouragement from the survivor who made the angel. May each recipient of an Angel feel the hope and strength being offered by someone who has traveled the road they are now facing.

The Making Strides Planning Committee has an important philosophy that guides us through our efforts. We believe in getting everything possible donated, so that all the fundraising efforts of the Making Strides participants, can go directly to the cause of fighting breast cancer. Thank you again to all of our In Kind Sponsors!

Funds raised at Making Strides benefit critical breast cancer research, patient services and early detection programs of The American Cancer Society.

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Thank you to all the Volunteer Photographers who share their time and talents with us:

Maureen Adams, Diane Ardinger, Carrol Blake, Wendy Cahill, John Klucky,
Keith Kuenning, Cindy Martin, Ralph McMechen, Jeff Spoor, Ken Smith,
Art Swenson, Michael St. Germain

A Special Thank You to:

D. McLeod Florist for hosting Team Captain Headquarters and for donating flowers and greenery for the Survivor Tent and the *Garden of Hope*.

Concord Camera Store for their generous donation of the development of photos taken today. Please visit www.concordcamera.com to order event photos on line.

John Hardiman & Crew for their pride in preparing Memorial Field for the event each year.

Matt Barrington – DJ – Elite Entertainment Services – for his tradition of sharing his talent and enthusiasm year after year. Pleasant View Gardens for their continued generosity of beautiful flowering plants season after season for *The Garden of Hope.*

Advantage Signs for their tremendous donation of team signs to be used every year.

Parker Academy, St. Paul's School, Shaker Road School, Patsy's Bus Sales & Service, & the Concord YMCA for the buses and drivers along the route.

Taylor Rental for their tradition of providing tents every year.

Henniker Septic, Inc. for their generous donation, providing comfort and convenience of our participants.

Many Thanks



We are grateful to the following community businesses for providing donations and services and sharing our commitment to fighting breast cancer:

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Advantage Signs	Concord School District	NH National Guard
American Red Cross	Maintenance	NH Hospital Campus Police
American Legion - Penacook	Concord YMCA	Officers
Andover Beacon	Constantly Pizza	NH State Police
Baker Free Library	Contemporary Catering	NH Technical Institute
Ballard's Novelty & Party	Creative Signs	Outdoor World
Shop	Curves of Epsom	Patsy's Leasing Corp.
Ben Franklin Printers	Dimitri's Pizza	Pleasant View Retirement
Bow Times	Einstein's Bros. Bagels	Center
Bridge & Byron Printers	Gold's Gym	Perry Monument Brothers
Bureau of Facilities & Assets	Golf Cars of NH	Peter Christian's Tavern
Management	G.R. Spaulding Design	Red Blazer Restaurant & Pub
Capital City Audio	Consultants, LLC	Rocky's Ace Hardware
Capitol Alarm Systems, Inc.	Granite State Curbing Setters	Sanborn Head and
City of Concord-	Grappone Companies	Associates, Inc.
General Services	Harris Family Furniture	Seacoast Scaffolding
Code Administration	Harvester Market	Shaw's Market-
Department	Holiday Inn	Hillsborough
Recreation Department	Hitchmoth Consulting	Shea Farm
Concord TV	Main Street Bookends	Speedy Printing & Copying
Concord High School	Merrimack County Savings	Time 4 Change Embroidery
Chamber Singers	Bank	Teddy's Tee's
Concord Monitor	MTS Associates	Weaver Bros. Construction
Concord Police Department	MVHS Field Hockey Team and Spirit Team	WKXL

2008 Corporate Sponsors



We salute these companies for their generosity, insuring that every individual donation entirely supports breast cancer research and services.

Platinum Sponsors

Healthworks Chiropractic & Fitness, LLC NH Local Government Center

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Anthem Blue Cross and Blue Shield Capitol Alarm Systems, Inc.

Banks Cadillac-Chevrolet –GMC-Pontiac- Johnny Prescott & Son Oil Company

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Heartstone Financial Services, LLC – Laurie Samuelsen

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WZID

Refreshment Sponsors

Alan's of Boscawen In A Pinch Cafe Applebee's Neighborhood Bar & Grill Koffee Kup

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The Centennial Madeleines – Elegance Defined

Common Man Restaurant Margaritas Mexican Restaurant
Concord Cooperative Market NH Technical Institute-Food Service

Cool Moose Creamery & Candies Ordway's Market
Constantly Pizza Panera Bread
Einstein Bros. Bagels Red Blazer

Entertainment Cinema Shaw's – Fort Eddy Road Hermanos Cocina Mexicana Southern NH University

HP Hood

Additional Sponsors

NH Audubon Red River Theatre

Thank You to the 2008 Teams

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Aesthetic Dental Center AJFJJ Allen's Interior Systems, Inc. Amazing Grace Annies Foote Prints of Hope Ann's Hope **B.C.** Busters Banks Boostv-A's Basch's Boobilicious Babes Bea's Buddies Beaver Meadow School's A,B,C& DDs Bee Positive! Belleza Beauty Salon Blue Herons Shaker Road School Bonnie's Belles Boobies or Bust Bouncing for a Cure Bow Girls Soccer Bow Landscape Supply Bow Memorial Wildcat Walkers Brave Hearts Breast Friends Forever Brest Friends **Bud's Bosom Buddies** Bust'n Cancer **Butts For Breasts** Buzz for Boobs Cancer Crushers Cassidy Law Office Charlie's Angels CIC Bosom Buddies City Striders Cleveland, Waters and Bass Coe-Brown Lady Bears Concord Community Music School Concord Dance Academy Concord High School Concord High School Cheerleading Concord Hospital PT Cruisers Concord Hospital Day Surgery Concord Hospital Radiology Concord Monitor Conquering the Colors Creative Dance Workshop

of Bow

Cure Crusaders Curves Hopkinton & Hillsborough Curvy Chicas for a Cure Cuspid Crusaders Dartmouth Hitch-Hikers Diane's Girls Dot's Diggers Ella's Angels Express Select U-14 Girls Soccer Faith's Angels Falcon Flyers Falcon Fockey Fed Ex Express Fighting Falcons Flora's Supporters Flower Power For Mom French's Feisty Fighters Gifts for Support Goldies Gang Grammy's Gaiters Hakuna Ma Ta Ta's Happy Feats Happy Feet Havenwood Heritage Heights Hot Feet Heidi Lane Hikers Heritage Harley- Davidson Hillcats for Hope Hillsboro Health Strides with Pride Hooper's Troopers Hope Chest Hope for Hooters Horizon Settlement Services Hospice Hearts **Integrity Salon** Jazzercise of Concord Jennifer's Journey John Stark High School John Stark Volleyball Ioin Ioanne Just For Jill Kappa Phi Sigma Kids For a Cure LGC Consuela's Crusaders Lisa's Walk for Hope Little Bit of Green Loudon Ladybugs Lula's Peeps

Main Street Mission Mai's Musical Maniacs MAMMO-GLAMS Mason + Rich P.A.Merrimack County Savings Miracle Walkers Mission Possible! More Than a Handful Mulleavey Marchers MVDC Miracles MVHS Pride N.H. Hospital Rehab & Friends Nana's Navy NH Audubon NHADA NHDOC NHTI Dental Hygiene NHTI Student Nurses Northeast Delta Dental On Angels Wings Orr & Reno Osram Striders Revved and Moving Pam's Power Parker Academy Pathfinder Academy Payson Center Pacers Pearls of Hope Pembroke Academy NHS Pink Butterflies Pink Posse Pink Ribbon Promise Prudential Verani Oueen of the Vibes Rockin' Robin Ro's Buds Rundlett Riffraff S.E.C. Sam's Club Partners Sandy's Dandys Sarah's Soldiers Save the Cleavage Save the Ta Ta's Saving 2nd Base Scooters For Hooters See Jane Run! Shaw's Hillsboro Wellness Walkers Shelby's Hope Sigma Alpha Beta Sister Survivors

2008 Teams - continued

Sisters in Stride
Sisters Supporting Sisters
Soxy Strides
St. Paul's School
St. Paul's Soul Supporters
Strides 4 Mom
Sweet Tea's
T/N Rotary Club
Tatas for Terry
TD Bank Striders
Team D-Lay

Team D-Lav
Team Nobis In Memory of
Those We Celebrate
Team

RealGreenGoods.com

Team Sulloway Team Wikki Terry's Breast Buds

The Bon Ton Store The Brady Bunch The Casey Crew

The Gallery Salon The Globe Striders The Pink Diamonds

The Pink Pacers
The Rack Pack
The Ta Ta Brigade
The Teddy Bear Fund

The Toothfairies
The Walker- Kimball

Walkers
The Warriors
Tilton Travelers
TLC Bust A Move

Together in Taking Strides
Tookie Trekkahs
Trish's Troopers
Upton & Hatfield, LLP
Walkers for Healthy

Walmart 2055 Wednesday's Women Walking Zonta Club

Knockers

Thank you to today's individual walkers!

It is with deep gratitude we thank all those who contribute to make this event successful. The planning committee realizes that time is precious and we thank all of the contributors, our family and friends for their involvement. We all hope for a day that our efforts are no longer needed and we truly believe that together we are making a difference.

We look forward to seeing you next year on Sunday, October 18, 2009!

2008 Making Strides Against Breast Cancer Planning Committee

CHAIRPERSON: Kathy Wyle
DIRECTOR OF SURVIVORSHIP: Cydney Dodge
DIRECTOR OF PUBLICITY: Kimberly Laro
DIRECTOR OF SPONSORSHIP: Melissa McAllister
DIRECTOR OF TEAMS: Kathi Russ
DIRECTOR OF LOGISTICS: Tina Smith
DIRECTOR OF FINANCE: Marcy Stone

Мемвекs: Anita Arbo, Michelle Arruda, Celine Boucher, Molly Jones, Tammy Hardy, Kat Hitchmoth, Fred Keach, Judy Odom, Laurie Samuelsen, Mare Shea, Samantha St. Laurent, Starr Tardiff, Marla Walsh, Donna Wilbur Special Thanks to Kat Hitchmoth for coordinating the Stitches of Comfort for Hope Quilt project.

Thank you to Matt Lyman, our American Cancer Society Staff partner, for his dedication and support.

Thank you to all the volunteers

Together we have strength.

Together we support and encourage.

Together we honor and remember.

Together we celebrate.

Together we can make a difference.

Together we invest in the hope that one day there will be a cure for breast cancer.

2008 Platinum Sponsors





New Hampshire Municipal Association Workers' Compensation Trust Property-Liability Trust HealthTrust

This program includes information available and confirmed as of the date of printing.

The committee appreciates the contributions of so many people and companies,
and regrets any errors or omissions.

Design and printing of this year's program was graciously donated by Speedy Printing & Copying and Bridge & Byron Printers